

CURRICULUM VITAE

Shelby Clark, LCSW, LSCSW RYT-200

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University of Kansas School of Social Welfare

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EDUCATION

Ph.D., Social Welfare, anticipated graduation December 2022

University of Kansas, Lawrence, Kansas

Dissertation: Exploring the Implementation of a Randomized Control Trial Testing a Loving-Kindness Meditation Intervention to Treat Secondary Traumatic Stress among Child Welfare Professionals

Committee Members: Becci A. Akin (chair); Michael Riquino (methodologist); Kaela Byers, Ward Lyles, Nancy Kepple

Yoga Teacher Training, 2016

Dharma House School of Yoga, Atchison, Kansas

Master of Social Work, 2014

University of Missouri-Kansas City, Kansas City, Missouri

Bachelor of Social Work, 2012

Brigham Young University-Idaho, Rexburg, Idaho

PROFESSIONAL LICENSES AND CERTIFICATIONS

Kansas Licensed Specialized Clinical Social Worker (4635), 2017-present

Missouri Licensed Clinical Social Worker (2017002035), 2017-present

Registered Yoga Teacher-200 Hour (215151), 2017-present

PROFESSIONAL MEMBERSHIPS

Society for Social Work Research, January 2020-present

Council for Social Work Education, October 2020-present

Global Implementation Society, January 2021-present

AREAS OF INTEREST

Research and Scholarship

Trauma Informed Care; Contemplative Science; Compassion and Mindfulness Interventions; Child Welfare; Mental Health and Clinical Practice; Social Work Administration and Workforce

Teaching

Clinical Practice; Interventions; Treatment of Crisis and Trauma; Stress Management and Well-Being

EMPLOYMENT HISTORY

Academic Experience

University of Kansas

Graduate Research Assistant, 2018-present

Clinical Practice Experience

Renew Counseling, Olathe, Kansas

Clinician, 2018-present

Cornerstones of Care, Kansas City, Missouri

Training Specialist, 2016-2018

Therapist, Full-time: 2014-2018

KVC, Kansas City, Kansas

Case Manager, 2012-2014

Consulting Experience

Shelby Clark Consulting, LLC.

Owner, 2018-present

ACADEMIC PRESENTATIONS

National

Clark, S.L., Dunkerley, S., Akin, B.A., Palmer, A. (2019, August 21). *Making Data Digestible: How a Study on Early Parent Engagement in Foster Care is Shaping Child Welfare Practice in Kansas.* Poster presentation at the National Child Welfare Evaluation Summit, Washington DC.

Clark, S.L., Palmer, A., Akin, B.A., Dunkerley, S., Brook, J. (2020, January 18). *Investigating the Relationship between Trauma Symptoms and Placement Instability for Children in Foster Care.* Society for Social Work and Research Annual Conference, Reducing Racial and Economic Inequality, Washington DC. (Refereed)

Clark, S.L. (2020, April 5). *Developing Emotional, Relational, and Professional Resilience: Social Workers and Their Experiences of Compassion.* Poster presentation at ResilienceCon 2020, Nashville, TN. (Conference canceled; Poster).

Clark, S.L. (2020, April 6). *The Case for Compassion: Where Authentic Care and Resilience Meet.* ResilienceCon 2020, Nashville, TN. (Conference canceled; Refereed).

Clark, S.L., Akin, B.A., Wright, K. (2020, April 17). *When the Strengths Perspective Comes Alive: Strategies for Teaching Strengths-Based Social Work in the Classroom and Field.* Social Work Day Conference, Lawrence, Kansas. (Invited).

Clark, S.L., McCall, S., Akin, B.A. (2020, November 19). *Facilitating Youth-Directed, Participatory Action Research in a Study of Child Welfare Services*. Council on Social Work Education Annual Program Meeting, online. (Refereed).

Dunkerley, S., Akin, B.A., **Clark, S.L.,** Wright, K. (2020, November 19). *Parents' and Professionals' Perceptions of the Court and Legal System*. Council on Social Work Education Annual Program Meeting, online (Refereed).

Clark, S.L., Byers, K., Akin, B.A., Dunkerley, S., Wright, K. & McCall, S. (2021, January 22). *Child Safety and Family Preservation: Investigating the Relationships between Tenure, Type of Employment, and Values Influencing Decision Making Among Child Welfare Professionals*. Poster presentation at Society for Social Work and Research Annual Conference, online.

Wright, K., Akin, B.A., Dunkerley S., Byers K., **Clark, S.L.,** & McCall, S. *Parents' and Professionals' Perceptions of the Court and Legal System*. Society for Social Work and Research Annual Conference, online. (Refereed).

Clark, S.L., McCall, S., Akin, B.A., Piepmeier, S., Long, L., Reichart, M., Byers, K. (2021, April 11-13). *When Abstract Meets Concrete: Using Art to Shape Child Welfare Practice and Policy*. ResilienceCon 2020, online. (Refereed).

Clark, S.L. McCall, S., Akin, B.A., Gomez, M., Byers, K. (2021, April 11-13). *Amplified: A Poetic Inquiry of Voices in Child Welfare*. ResilienceCon 2020, online. (Poster).

Clark, S.L. (2021, April 11-13). *Developing Emotional, Relational, and Professional Resilience: Social Workers and Their Experiences of Compassion*. Poster presentation at ResilienceCon 2020, online. (Poster).

Clark, S.L. (2021, April 11-13). *The Case for Compassion: Where Authentic Care and Resilience Meet*. ResilienceCon 2020, online. (Refereed).

INVITED PRESENTATIONS

National

Space and Grace: Creating Sustainable Organizations through Self-Care and Self-Compassion (2018, February 24). Alliance for Strong Families and Communities Senior Leadership Conference. New Orleans, Louisiana.

Regional

Mindful Self-Care (2016, June 20; 2017, June 26). Trauma Sensitive Schools Summit. Kansas City, Missouri.

Mindful Movement (2018, June 18). Trauma Sensitive Schools Summit. Kansas City, Missouri.

Mindful Movement (2018, June 26). Trauma Sensitive Schools Summit. Warrensburg, Missouri.

State

Self-Care and Self-Compassion: The Building Blocks of Effective Engagement (2018, March 29). Midwest Aids Training and Education Center Missouri Conference. Lake Ozark, Missouri.

Local

Ethics in Behavioral Health (2019, March 22). Renew Counseling Community Continuing Education Event. Renew Counseling Center.

Inner Revolutionary Series: Mindful Forgiveness (2019, April 9). Midwest Alliance for Mindfulness.

Compassion, Empathy and Building Relationships: Tools for a Better World (2019, April 30). The Junior League of Kansas City.

PUBLICATIONS

Peer Reviewed Journal Articles

Clark, S.L., Palmer, A., Akin, B.A., Dunkerley, S. (2020). Investigating the Relationship between Trauma Symptoms and Placement Instability for Children in Foster Care. *Child Abuse and Neglect*.

Wright, K., Akin, B.A., Byers, K., McCall, S., Alford, D., Parker, A., **Clark, S.L.**, Shaw-Woody, N., Kline, M., Brown, N. Hill, E., Davis-Mays, S., Parham, W., Rush, R. (Under Review). Using Institutional Analysis to Examine the Systemic Sources of Racial Disproportionality and Disparity: A Case Example. *Child Welfare Journal*.

Book Chapters

Akin, B.A., Johnson-Motoyama, M., Kepple, N., **Clark, S.L.** (2019). "Intergenerational Transmission of Maltreatment." In *Oxford Bibliographies in Social Work*. Ed. Edward J. Mullen. New York: Oxford University Press.

Clark, S.L., Akin, B.A., Wright, K. (2020). "A Future of Strength: The Strengths Perspective and Developing Social Workers." In A.N. Mendenhall & M.M. Carney (Eds.) *Rooted in Strength* (p. 39-50). M. Reed & P. LeRow.

In Process

Clark, S.L., Akin, B.A., Byers, K., Dunkerley, S., Wright, K. Child Safety and Family Preservation: Investigating the Relationships between Tenure, Type of Employment, and Values Influencing Decision Making Among Child Welfare Professionals.

Clark, S.L., McCall, S., Akin, B.A., Gomez, M., Piepmeir, S., Long, L. Centering Youth Voices in Participatory Action Research in Social Work Scholarship: Lessons Learned from a Research Collaborative Aimed at Improving Child Welfare Practice with Youth in Foster Care.

Clark, S.L., Jen, Sarah. "Conscious Compassion": A Co-Constructed Poetic Representation of Findings from a Qualitative Study Examining Social Workers' Perceptions of Compassion.

Clark, S.L., Jen, Sarah. Caring Counts: A Theoretical Framework for Compassionate Engagement in Social Work.

FUNDED PROJECTS

Clark, S.L. (Principal), Jen, S. (Faculty Supervisor). *Conceptualizing Compassion: A Qualitative Study Exploring the Role of Compassion in Social Work Practice*. Center for Compassionate and Sustainable Communities, \$500, Submitted April 2020 (refereed).

TEACHING RECORD

University of Kansas School of Social Welfare, Graduate Teaching Assistant, Master of Social Work Program

SW868 Crisis Intervention and Suicide Risk Reduction, Summer 2020 (online, blended synchronous and asynchronous)

SW868 Crisis Intervention and Suicide Risk Reduction, Spring 2021 (online, synchronous)

Invited Lectures

SW811 Cognitive Behavioral Therapy, guest lecture: Mindful Self-Compassion and CBT, April 9, 2021.

Continuing Education Courses Developed and Taught for Licensed Mental Health Professionals

An Introduction to Person-Centered Diagnosis & Treatment

An Introduction to Mindfulness

Understanding Trauma

Child Development

Building Relationships

Crisis Management

Self-Care and Secondary Traumatic Stress

Rethinking the DSM-V: A Person-Centered Approach to Diagnosis & Treatment

Ethical Challenges in Decision Making

Compassion, Empathy, & Relationships: Tools for a Better World

Creating Sustainable Organizations through Self-Care and Self-Compassion

Ethics in Behavioral Health

Creating Sustainable Organizations through Self-Care and Self-Compassion

Foster Parent Courses Developed and Taught

Cornerstones of Care Treatment Foster Parent Licensing Curriculum, 27-hour classroom and web-based licensing curriculum

Discipline Strategies and Crisis Management

Mindfulness in the Home

Mindful Parenting

Restorative Justice and Forgiveness

Self-Care and Secondary Traumatic Stress

Parenting with Self-Compassion

Developing Character

The Power of Vulnerability

SERVICE RECORD

School

University of Kansas School of Social Welfare PhD Committee, student representative, 2019-present

National

Society for Social Work Research Doctoral Student Committee, mentorship committee member, 2020-2021

Society for Social Work Research Doctoral Student Committee, mentorship committee chair, 2021-present

Council for Social Work Education, annual program meeting proposal reviewer, 2021

Community

The Midwest Alliance for Mindfulness, founding member and volunteer instructor, 2017-2019.

HONORS AND AWARDS

University of Kansas University Graduate Fellowship, \$18,000 fellowship for doctoral research demonstrating innovation and leadership, 2018-2019.

Life Paths Research Promising Scholar Award, conference attendance and registration fees, 2021.