**CURRICULUM VITAE**

**Shelby Clark, LCSW, LSCSW, RYT-200**

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University of Kansas School of Social Welfare

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**EDUCATION**

Anticipated Ph.D., Social Welfare

May 2022 University of Kansas, Lawrence, Kansas

Dissertation: Exploring the Implementation of a Randomized Control Trial Testing a Loving-Kindness Meditation Intervention to Treat Secondary Traumatic Stress among Child Welfare Professionals

*Committee Members:* Becci A. Akin (chair); Michael Riquino (methodologist); Kaela Byers, Ward Lyles, Nancy Kepple

2016 Yoga Teacher Training

Dharma House School of Yoga, Atchison, Kansas

2014 Master of Social Work

University of Missouri-Kansas City, Kansas City, Missouri

2012 Bachelor of Social Work

Brigham Young University-Idaho, Rexburg, Idaho

**PROFESSIONAL LICENSES AND CERTIFICATIONS**

2017-present Kansas Licensed Specialized Clinical Social Worker (4635)

2017-present Missouri Licensed Clinical Social Worker (2017002035)

2017-present Registered Yoga Teacher-200 Hour (215151)

**PROFESSIONAL MEMBERSHIPS**

2021-present Global Implementation Society

2021-present Child Wellbeing Research Network

2020-present Society for Social Work Research

2020-present Council for Social Work Education

**AREAS OF INTEREST**

*Research and Scholarship*

Trauma Informed Care; Social Work Organizations, Administration and Workforce; Contemplative and Wellbeing Interventions; Child and Family Wellbeing; Mental Health and Clinical Practice; Implementation Science; Mixed-Methods Research, Arts-Based Research Methods, Anti-Racist and Anti-Oppressive Research Methods

*Teaching*

Clinical Practice; Interventions; Treatment of Crisis and Trauma; Stress Management and Well-Being; Diversity, Equity, Inclusion, Justice and Belonging; Anti-Racist and Anti-Oppressive Instruction Methods

**EMPLOYMENT HISTORY**

*Academic Experience*

2020-present University of Kansas School of Social Welfare, Lawrence, Kansas

Graduate Teaching Assistant

2019-present University of Kansas School of Social Welfare, Lawrence, Kansas

Kansas Strong for Children and Families

Graduate Research Assistant

2018-2019 University of Kansas School of Social Welfare, Lawrence, Kansas

Kansas Assessment Permanency Project

Graduate Research Assistant

*Clinical Practice Experience*

2018-present Renew Counseling, Olathe, Kansas

Clinician, 2018-present

2014-2018 Cornerstones of Care, Kansas City, Missouri

Training Specialist, 2016-2018

Therapist: 2014-2018

2012-2014 KVC, Kansas City, Kansas

Case Manager, 2012-2014

Trainer, 2014

*Consulting Experience*

2018-present Shelby Clark Consulting, LLC.

Owner

**PUBLICATIONS**

*Major Publications (Refereed)*

1. Wright, K., Akin, B.A., Byers, K., McCall, S., Alford, D., Parker, A., **Clark, S.L.,** Shaw-Woody, N., Kline, M., Brown, N. Hill, E., Davis-Mays, S., Parham, W., & Rush, R. (In press). Using institutional analysis to examine the systemic sources of racial disproportionality and disparity: A case example. *Child Welfare.*
2. **Clark, S.L.,** Akin, B.A., & Wright, K. (2020). “A future of strength: The strengths perspective and developing social workers.” In A.N. Mendenhall & M.M. Carney (Eds.) *Rooted in Strength* (p*.* 39-50). Lawrence, KS: University of Kansas School of Social Welfare.
3. **Clark, S.L.,** Palmer, A.N., Akin, B.A., Dunkerley, S., & Brook, J. (2020). Investigating the relationship between trauma symptoms and placement instability. *Child Abuse & Neglect, 108,* 104660. <https://doi.org/10.1016/j.chiabu.2020.104660>
4. Akin, B.A., Johnson-Motoyama., Kepple, N., & **Clark, S.L.** (2019). Intergenerational transmission of child maltreatment. *Oxford Bibliographies in Social Work*[*.* doi: 10.1093/OBO/978019548967800273.](https://www.oxfordbibliographies.com/view/document/obo-9780195389678/obo-9780195389678-0274.xml)

*Minor Publications*

1. Akin, B. A., Wright, K., McCall, S., Byers, K., Alford, D., **Clark, S.,** Shaw-Woody, N., & Kline, M. (2021, Summer). Pursuing equity in child welfare: Learning from a collective process to eliminate racial disparities. In LaLiberte, T., Gehringer, S. & McKizzie Cooper, D. (Eds.) *CW360°: Confronting Racism | Engaging Partners | Finding Solutions* (pp. 4-5). St. Paul, MN: Center for Advanced Studies in Child Welfare, University of Minnesota. <https://cascw.umn.edu/portfolio-items/confronting-racism-engaging-partners-finding-solutions-cw360-2021/>

*Under Review and In Process*

1. **Clark, S.L., &** Jen, Sarah.“Conscious compassion”: A co-created poetic representation of findings from a qualitative study examining social workers’ perceptions of compassion. (Under review).
2. **Clark, S.L.,** Akin, B.A., Byers, K., Dunkerley, S., & Wright, K. Investigating the relationship between self-care and secondary traumatic stress. (In process).
3. Paceley, M. Akin, B.A., **Clark, S.L.,** McCall, S., & Byers, K. Youth are not something to check off your to do list. (In process).
4. Akin, B.A., Byers, K., **Clark, S.L.,** Dunkerley, S., & Wright, K. Child safety and family preservation: Investigating the relationships between tenure, type of employment, and values influencing decision making among child welfare professionals. (In process).
5. **Clark, S.L.,** McCall, S., Akin, B.A., Gomez, M., Piepmeir, S., & Long, L. Centering youth voices in participatory action research in social work scholarship: Lessons learned from a research collaborative aimed at improving child welfare practice with youth in foster care. (In process).

**REFEREED PRESENTATIONS**

*National*

1. Akin, B.A., Byers, K., Dunkerley, S., **Clark., S.L.,** Wright, K., McArthur, V., & Alford, D. (2021, May 3). *Collaborative Teaming and Planning to Support the Selection of Innovations and Implementation Strategies.* 2021 Global Implementation Conference, online. (Refereed).
2. **Clark, S.L.,** McCall, S., Akin, B.A., Piepmeier, S., Long, L., Reichart, M., & Byers, K. (2021, April 12). *When Abstract Meets Concrete: Using Art to Shape Child Welfare Practice and Policy.* ResilienceCon 2020, online. (Refereed).
3. **Clark, S.L.** McCall, S., Akin, B.A., Gomez, M., & Byers, K. (2021, April 11). *Amplified: A Poetic Inquiry of Voices in Child Welfare.* ResilienceCon 2020, online. (Refereed).
4. Dunkerley, S., Akin, B.A., **Clark, S.L., &** Wright, K. (2020, November 19). *Parents' and Professionals' Perceptions of the Court and Legal System.* Council on Social Work Education Annual Program Meeting, online (Refereed).
5. Wright, K., Akin, B.A., Dunkerley S., Byers K., **Clark, S.L.,** & McCall, S. (2021, January 22) *Parents' and Professionals' Perceptions of the Court and Legal System.* Society for Social Work and Research Annual Conference, online. (Refereed).
6. **Clark, S.L.,** Byers, K., Akin, B.A., Dunkerley, S., Wright, K. & McCall, S. (2021, January 22). *Child Safety and Family Preservation: Investigating the Relationships between Tenure, Type of Employment, and Values Influencing Decision Making Among Child Welfare Professionals.* Society for Social Work and Research Annual Conference, online. (Refereed).
7. **Clark, S.L.,** McCall, S., & Akin, B.A.(2020, November 19). *Facilitating Youth-Directed, Participatory Action Research in a Study of Child Welfare Services*. Council on Social Work Education Annual Program Meeting, online. (Refereed).
8. **Clark, S.L.,** Dunkerley, S., Akin, B.A., & Palmer, A. (2019, August 21). *Making Data Digestible: How a Study on Early Parent Engagement in Foster Care is Shaping Child Welfare Practice in Kansas.* National Child Welfare Evaluation Summit, Washington DC. (Refereed).
9. **Clark, S.L.** (2020, April 6). *The Case for Compassion: Where Authentic Care and Resilience Meet.* ResilienceCon 2020, Nashville, TN. (Conference canceled; Refereed).
10. **Clark, S.L.** (2020, April 5). *Developing Emotional, Relational, and Professional Resilience: Social Workers and Their Experiences of Compassion.* ResilienceCon 2020, Nashville, TN. (Conference canceled; Refereed).
11. **Clark, S.L.,** Palmer, A., Akin, B.A., Dunkerley, S., & Brook, J. (2020, January 18). *Investigating the Relationship between Trauma Symptoms and Placement Instability for Children in Foster Care.* Society for Social Work and Research Annual Conference, Reducing Racial and Economic Inequality, Washington DC. (Refereed).
12. **Clark, S.L.** (2021, April 11). *Developing Emotional, Relational, and Professional Resilience: Social Workers and Their Experiences of Compassion.* ResilienceCon 2020, online. (Refereed).
13. **Clark, S.L.** (2021, April 13). *The Case for Compassion: Where Authentic Care and Resilience Meet.* ResilienceCon 2020, online. (Refereed).

*State*

1. **Clark, S.L.,** McCall, S., & Akin, B.A., Kansas Youth Advisory Council. (2020, November 17). *Sharing the Voices of Youth in Foster Care: A Roundtable Discussion Exploring Lessons Learned from a Digital Arts, Participatory Action Research Project Centering the Experiences of Youth in Kansas Foster Care.* 2020 Kansas Governor’s Conference on Child Abuse & Neglect, online. (Refereed).

**INVITED PRESENTATIONS**

*National*

1. **Clark, S.L. &** O’Neill, S. (2018, February 24). *Space and Grace: Creating Sustainable Organizations through Self-Care and Self-Compassion.* Alliance for Strong Families and Communities Senior Leadership Conference. New Orleans, Louisiana.

*Regional*

1. **Clark, S.L.**(2018, June 26). *Mindful Movement.* Trauma Sensitive Schools Summit. Warrensburg, Missouri.
2. **Clark, S.L.** (2018, June 18). *Mindful Movement.* Trauma Sensitive Schools Summit. Kansas City, Missouri.
3. **Clark, S.L.** (2016, June 20; 2017, June 26). *Mindful Self-Care.* Trauma Sensitive Schools Summit. Kansas City, Missouri.

*State*

1. **Clark, S.L. &** McCall, S. (2021, June 22). *Using Art to Share Your Experiences:   
   Inviting You to the Youth Voices in Foster Care Project.* Kansas Youth Advisory Council Summer Conference. Online.
2. **Clark, S.L.,** Akin, B.A., & Wright, K. (2020, April 17). *When the Strengths Perspective Comes Alive: Strategies for Teaching Strengths-Based Social Work in the Classroom and Field.* Social Work Day Conference, Lawrence, Kansas.
3. **Clark, S.L.** (2018, March 29). *Self-Care and Self-Compassion: The Building Blocks of Effective Engagement*.Midwest Aids Training and Education Center Missouri Conference. Lake Ozark, Missouri.

*Local*

1. **Clark, S.L.** (2019, April 30). *Compassion, Empathy and Building Relationships: Tools for a Better World.* The Junior League of Kansas City. Kansas City, Missouri.
2. **Clark, S.L.** (2019, April 9). *Inner Revolutionary Series: Mindful Forgiveness*. Midwest Alliance for Mindfulness. Overland Park, Kansas.
3. **Clark, S.L.** (2019, March 22). *Ethics in Behavioral Health*. Renew Counseling Community Continuing Education Event. Renew Counseling Center. Olathe, Kansas.

**FUNDING**

1. **Clark, S.L.** (Submitted April 2021). *Exploring the Implementation of a Randomized Control Trial Testing a Loving-Kindness Meditation Intervention to Treat Secondary Traumatic Stress among Child Welfare Professionals.* Fahs-Beck Fund for Research and Experimentation. (Refereed/Not funded).
2. **Clark, S.L.** (Submitted March 2021). *Exploring the Implementation of a Randomized Control Trial Testing a Loving-Kindness Meditation Intervention to Treat Secondary Traumatic Stress among Child Welfare Professionals.* ExpiWell Dissertation Award. (Refereed/Not funded).
3. **Clark, S.L.** (Submitted April 2020). *Conceptualizing Compassion: A Qualitative Study Exploring the Role of Compassion in Social Work Practice.* Center for Compassionate and Sustainable Communities, $500. (Refereed/Funded).

**TEACHING RECORD**

*Instructor of Record*

Fall 2021 SW755 Diversity, Equity, and Inclusion in Multi-level

Social Work Practice

University of Kansas School of Social Welfare

Format: Blended (in-person synchronous, online asynchronous)

Learning Management System: Canvas

Spring 2020 SW868 Crisis Intervention and Suicide Risk Reduction

University of Kansas School of Social Welfare

Format: Synchronous (online via Zoom)

Learning Management System: Blackboard

Summer 2020 SW868 Crisis Intervention and Suicide Risk Reduction

University of Kansas School of Social Welfare

Format: Blended (online via Zoom for synchronous and asynchronous)

Learning Management System: Blackboard

*Invited Lectures*

1. **Clark, S.L.** (2021, July 30). *Secondary Traumatic Stress and Trauma Stewardship in Social Work Practice*. Guest lecture in SW868 Crisis Intervention and Suicide Risk Reduction, University of Kansas School of Social Welfare.
2. **Clark, S.L.** (2020, April 9). *Mindful Self-Compassion and CBT.* Guest lecture in SW811 Cognitive Behavioral Therapy, University of Kansas School of Social Welfare.

*Continuing Education Courses Developed and Taught for Licensed Mental Health* *Professionals*

1. An Introduction to Person-Centered Diagnosis & Treatment
2. An Introduction to Mindfulness
3. Understanding Trauma
4. Child Development
5. Building Relationships
6. Crisis Management
7. Self-Care and Secondary Traumatic Stress
8. Rethinking the DSM-V: A Person-Centered Approach to Diagnosis & Treatment
9. Ethical Challenges in Decision Making
10. Compassion, Empathy, & Relationships: Tools for a Better World
11. Creating Sustainable Organizations through Self-Care and Self-Compassion
12. Ethics in Behavioral Health
13. Creating Sustainable Organizations through Self-Care and Self-Compassion

*Foster Parent Courses Developed and Taught*

1. Cornerstones of Care Treatment Foster Parent Licensing Curriculum, 27-hour classroom and web-based licensing curriculum
2. Discipline Strategies and Crisis Management
3. Mindfulness in the Home
4. Mindful Parenting
5. Restorative Justice and Forgiveness
6. Self-Care and Secondary Traumatic Stress
7. Parenting with Self-Compassion
8. Developing Character
9. The Power of Vulnerability

**SERVICE RECORD**

*National*

2021-present Society for Social Work Research Doctoral Student Committee, mentorship committee chair.

2021-present Council for Social Work Education Annual Program Meeting, peer reviewer.

2021-present Advances in Social Work Journal, peer reviewer.

2020-2021 Society for Social Work Research Doctoral Student Committee, mentorship committee member.

*School*

2019-2020 University of Kansas School of Social Welfare PhD Committee, student representative.

*Community*

2017-2019 The Midwest Alliance for Mindfulness, founding member and volunteer instructor.

**HONORS AND AWARDS**

*National*

2021 Life Paths Research Promising Scholar Award, conference attendance and registration fees.

2021 Life Paths Research Best Post Award. *Amplified: A poetic inquiry of voices in child welfare*.

*University*

2021 Revolutionizing the Academy Workgroup, $1,000 stipend to participate in a university workgroup focused on anti-racist and anti-oppressive pedagogy in higher education.

2018-2019 University of Kansas University Graduate Fellowship, $18,000 fellowship for doctoral research demonstrating innovation and leadership.